We have heard many times to be Christ-like. Ever since at a young age, children are told to be like Jesus. The greatest example for Christians to follow is the Lord Jesus Christ. If he remained as God, people would complain how can they follow an Awesome Almighty Being when He is not human to begin with. That is why the Son of the most High humiliated Himself to the level and form of a man. Because He has experienced all the difficulties that an individual can ever face, the saints have no excuse to practice a righteous and holy living like Christ. This study will cover questions such as, "How much humiliation did Jesus feel for our sakes?" "Is changing a deified form into a human form really that humiliating?" "Did Christ in His 33 years suffer more than all that I suffered for my entire life?" "How many times did Jesus face humiliation for my sake?" "His ministry?" "His death?" "His burial?"